



# Holy Cross Elementary School

March 11, 2019

## RE: WRESTLING

Dear Parents,

This year wrestling will be offered to boys and girls in grades 1 to 7. Once again we are fortunate to have longtime wrestling coach, Mr. Wilkerson, coach our students. Practices will begin once Spring Break is over and will go until late April.

### Wrestling Meets:

The meets will be on **April 16 and April 17**. The primary meet will be at Holy Cross and the intermediate meet will be at Notre Dame. At this time, we do not know which day will be which meet. Please keep both dates open. We will inform you ASAP.

### Practice Schedule:

Grades 1 - 3: Wednesdays and Fridays (beginning April 3)

Grades 4 -7: Tuesdays and Thursdays (beginning April 2)

\*students are not permitted to practice without a signed consent form.

It is important that your son/daughter attend all practices and is appropriately dressed in school gym strip. **Students should not practice or compete with earrings, necklaces or bracelets of any kind.** These items can cause harm to your child and his/her opponents. Further, it is important that all wrestlers have **their nails cut and kept trim throughout the season.**

While school and staff will take reasonable steps to prevent injuries to students, some degree of risk is inherent in the nature of the activities and may occur without fault on the part of the student, school, its employees or agents, of the facility where the activity is taking place. By allowing your child to participate in this activity, you are agreeing that the activity described above is suitable for your child, and that there is a risk associated with this activity.

Your consent is required in order for your son/daughter to participate in the Holy Cross wrestling program. Please sign the consent form below and return it to your classroom teacher by Monday, April 1, 2019. We remind you of school policy that parents are responsible for driving and/or arranging rides to and from meets.

Thank you for your continued support of our school athletic program. If you have any questions or concerns, please contact Mrs. Crescenzo at your earliest convenience.

Sincerely,

Mrs. Crescenzo & Mr. DeFazio - Athletic Directors

Coaching Staff - Mr. Riccardi, Ms. Malsegna, Mr. Gabriele, Mr. Ciolfitto



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## HOLY CROSS WRESTLING CONSENT

(Return by April 1, 2019)

I \_\_\_\_\_ allow my

child \_\_\_\_\_ in grade \_\_\_\_\_

to participate in the Holy Cross wrestling program.

\_\_\_\_\_  
(Parent signature)

\_\_\_\_\_  
date

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